The Mount Sinai Hospital School of Nursing

Catalogue
1965-1966

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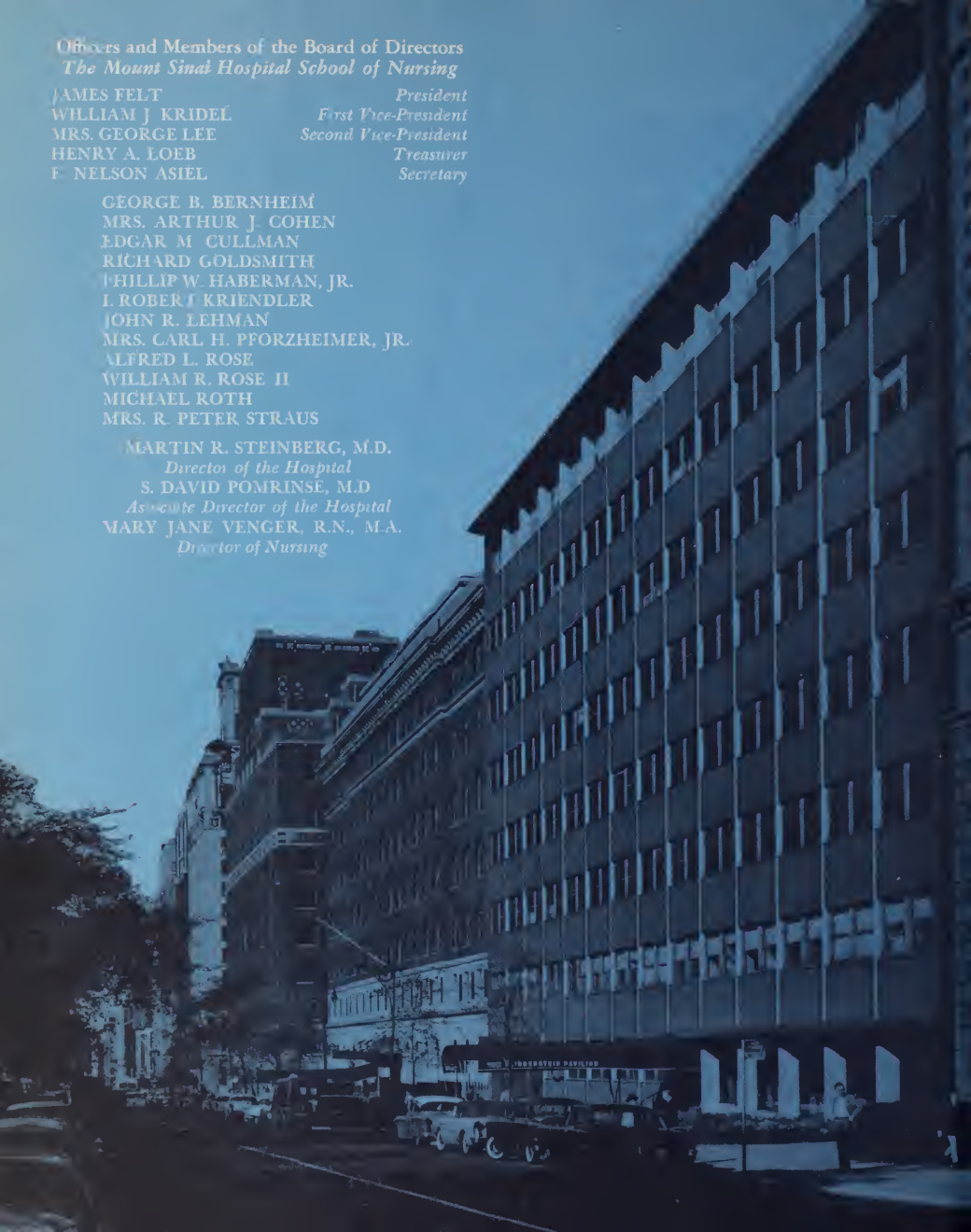

The Mount Sinai Hospital
School of Nursing

Five East 98th Street
New York, N.Y. 10029

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The Mount Sinai Hospital School of Nursing

The Mount Sinai Hospital School of Nursing, one of the first to be founded in the United States, is approved by the State of New York and accredited by the National League for Nursing. The school is nonsectarian and members of all races and faiths are welcome here. Since its inception in 1881, the school's over 4,000 graduates have involved themselves in every branch of nursing. Close association with a well known hospital and medical center has meant and continues to mean an excellent educational opportunity to any nursing student in the school's thirty-three month diploma program.

Philosophy of the School

The faculty of this school believes that nursing is an art and a science and is one of the services contributing to the health needs of the people.

We believe that nursing is a profession which assumes the responsibility in cooperation with other health services, for the care and rehabilitation of the sick, prevention of disease and promotion of health.

We believe that for education in nursing there must be a foundation in biological, physical, and social sciences on which to build underlying concepts of nursing care. The program should be flexible enough to meet the changing needs of society in order that the graduate will be prepared to meet her responsibilities.

We believe that education which recognizes individual differences is a continuous process through which one attains knowledge and skills. It affords the student the opportunity to develop her potentialities to a maximum.

We believe that the school of nursing is primarily for students who learn through a planned program of study and experience. In assisting in this program the faculty recognizes its responsibility in curriculum planning, and in directing the growth of the student as a person, nurse and citizen.

We believe that students learn best in actual nursing situations which proceed from the simple to complex, and when the teaching is characterized by cooperative effort between the instructor and student so that the student may become increasingly resourceful and self-directive.

Objectives of the School

The school contributes to the growth of the individual student as a person, nurse and citizen by offering a planned program of studies and by providing an environment which:

1. prepares her to function upon graduation as a general duty nurse in the areas of medical-surgical, obstetric, pediatric and psychiatric nursing.
2. facilitates the social, cultural and religious growth of the student and encourages knowledge of and respect for the democratic ideal, by providing for student organizations, a guided extracurricular program, and participation in the cultural and civic life of the community.
3. promotes and maintains positive health by providing an organized student health program.
4. promotes the development of attitudes which are conducive to mental and personal growth, by providing a guidance program which is oriented to individual and group needs.

Educational Facilities

Founded over a century ago in 1852 as a non-profit, non-sectarian hospital, the Mount Sinai Hospital offers diverse and extensive clinical resources for the teaching of nursing. Complete teaching facilities in the Murry and Leonie Guggenheim Hall include class and conference rooms, laboratories, libraries, and instructors' offices. Other class and conference rooms are located in the hospital.

The school's library is under the direction of a professional librarian and contains over 3,000 volumes and periodicals. In addition, the student has access to Jacobi Library located within the hospital and other medical libraries in the vicinity.

The hospital's clinical and scientific activities occupy a network of 26 buildings covering three square blocks; house over 1,200 beds and bassinets; and treat some 146,000 persons yearly in its private pavilions, wards, clinics, and emergency room. Each year at Mount Sinai Hospital approximately 5,000 babies are born, 22,000 operations are performed and over 20,000 patients are cared for in the 102 clinics. Unusual clinical, educational and teaching opportunities are available in the hospital's specialized facilities which include a large premature care center; an artificial kidney unit; an open-heart surgery team; an extensive radiotherapy center; and a hyperbaric pressure chamber.

Utilizing these facilities along with the nursing students are a house staff of over 200 physicians and an attending staff of over 1,000 physicians. In July of 1963, a charter was granted by the State Board of Regents authorizing the establishment of a medical school at Mount Sinai Hospital. At the present time the hospital is also a major postgraduate teaching affiliate of the College of Physicians and Surgeons of Columbia University, and is accredited by the Joint Commission on Accreditation of Hospitals.

Admission Procedure

We recommend that application be made at the end of the junior year or beginning of the senior year in high school.

Inquiries concerning application to the school should be made to:

Admissions Counselor
The Mount Sinai Hospital
School of Nursing
5 East 98th Street
New York, New York 10029

Pre-Admission Visit

An applicant is scheduled for a one day pre-admission visit to the school of nursing, during which time a personal interview is held and a physical examination is given by the school physician. In addition, measurement for uniforms will be taken and tours of the hospital and nurses' residence will be made.

This visit is planned in an effort to help the applicant learn more about the life of a nursing student. Upperclassmen are assigned as guides throughout the day. This is a requirement of the admissions procedure and must be fulfilled by each applicant.

Acceptance

Prior to acceptance, the Admissions Committee reviews carefully the entire record of each applicant including application, personal references, high school record, pre-nursing test results, health record and physical examination, and record of personal interview.

When applicant is notified of acceptance, she is requested to acknowledge this in writing. A fifty dollar fee is required at this time.

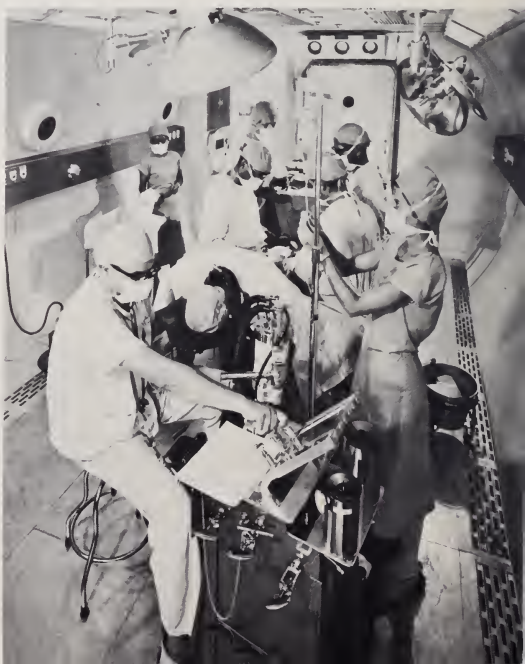
Admission Requirements

A. Educational Requirements

1. Applicant must meet the following standards which the faculty has identified:
   a. High school graduation with at least 16 units in a registered four year high school. An academic diploma or its equivalent is required.
   b. Completed at least 12 academic units in the following areas.
      1. English ..... 4 Units
      2. Mathematics ..... 2 Units
      3. Social Studies 2 Units
      4. Natural Science 2 Units
         (Chemistry is required, Physics is recommended)
      5. Foreign Language ..... 2 Units
         (Two years of any one language)
   c. Four other units
   d. Graduation in the upper half of the class (Preference is given those who rank in the upper third.)

B. Additional Requirements

1. Copy of high school record and college record (if you have attended college).
2. Pre-nursing test: Psychological Corporation preferred. (National League for Nursing Pre-Nursing and Guidance Examination acceptable.)
3. Five references: at least three from school teachers.
4. Pre-admission visit



C. Health

Applicant must give evidence of good physical and emotional health.

The following records are required from personal doctors:

1. Pre-entrance Medical Record
2. Pre-entrance Dental Record
3. Pre-entrance Eye Record
4. Pre-entrance Inoculations

Tuition and Expenses

TUITION (Includes books, uniforms, room, uniform laundry and graduation uniform)

ACCEPTANCE FEE (Payable at time of acceptance Not Refundable)	$ 50.00
1st YEAR—DUE AT REGISTRATION TIME	350.00
2nd YEAR—DUE SEPTEMBER	400.00
3rd YEAR—DUE SEPTEMBER	400.00
TOTAL	1,200.00

MEALS (Includes all meals while the student is in the School of Nursing)

1st YEAR—DUE AT REGISTRATION TIME	350.00
2nd YEAR—DUE SEPTEMBER	350.00
3rd YEAR—DUE SEPTEMBER (for last nine months)	200.00
	900.00
TOTAL FOR THREE YEARS—TUITION, MEALS AND EXPENSES	2,100.00

All students receive a $15.00 graduation check upon completion of the program. It is understood that each student will have adequate income to meet all personal needs, such as personal attire, costs of transportation and vacation. The amount needed will depend on the individual.

A refund of $200.00 will be made if the student withdraws within the first month of the program. No other refunds will be made.

Student Loan Fund

The Mount Sinai Hospital School of Nursing in cooperation with the Department of Health, Education and Welfare participates in the Nurse Training Act of 1964. Through this act student loan funds are available.

The student who applies for a loan under the terms of the Nurse Training Act must complete an application form which is then reviewed by the school of nursing.

A careful determination of the student's need is necessary in order to determine eligibility for a loan and the amount of the loan which may be made to her (maximum $1330 during the first and second years; maximum $1000 during the third year). The loan program includes provision for waiving the repayment of up to half the principal and all of the interest under certain conditions.

An applicant who wishes to request a loan is to write a letter to the Associate Director of Nursing Education who will advise the student of the availability of other means of financial assistance and loans under various programs.

Scholarships, Grants in Aid and Special Endowment Funds

THE MURRY AND LEONIE GUGGENHEIM SCHOLARSHIP FUND

Murry Guggenheim, together with his wife, Leonie Guggenheim, had always been greatly interested in the activities of the Mount Sinai Hospital. Murry Guggenheim, born in Philadelphia in 1858, amassed during his lifetime a considerable fortune in the copper business.

Accordingly, in 1952 a Scholarship Fund for undergraduates and graduates of the nursing school was established by the Murry and Leonie Guggenheim Foundation which they created.

Scholarships have now been made possible by the Murry and Leonie Guggenheim Fund established in 1964. Partial scholarships are available to students throughout the thirty-three month program.

Students who require financial aid should make this need known in writing to the Associate Director of Nursing Education. Scholarships are awarded after the applicant has been accepted by the school.

Special Endowment Funds

The School of Nursing has been fortunate in being endowed with special funds, the income from which is used for the benefit of the student and graduate nurses. These funds indicate in a most substantial manner the deep interest taken in the school by the Board of Directors and its friends.

Carrie M. and Gustav Blumenthal Gradnating Class Prize Fund

Established by provision in the will of Gustav Blumenthal; income to be distributed annually as a prize or prizes among the graduating class in such manner as the Directors of the School determine.

Carrie Untermeyer Prize Fund

Founded by Henry Untermeyer; to establish the annual award to the student in the graduating class who has the best record for kindness and proficiency in bedside nursing.

Amy C. and Fred H. Greenebaum Fund

Established by Mr. and Mrs. Fred H. Greenebaum; income to be used for an annual award to a deserving student.

Isabella Freedman Fund

Established by Mrs. Isabella Freedman; income to be used for an award to a student in the graduating class who has shown marked ability, proficiency and interest in her work.

Albert W. Scholle Memorial Fund

Founded by William and Frederic Scholle as a tribute to the memory of their father; income to provide a recreation and vacation fund for the student nurses of the school.

Jacques D. Wimpfheimer Memorial Fund

Founded by Charles A. Wimpfheimer in memory of his son, Jacques D. Wimpfheimer. Any student requiring financial assistance during her course may call upon this fund.

Estelle and Hugo Blumenthal Scholarship and Graduation Fund

Founded by Estelle and Hugo Blumenthal to provide an annual award of $500.00 upon application to the student in the graduating class who has shown special fitness to advance in the profession of nursing by taking courses at a college, or university, approved by the Board of Directors of the School. This fund also provides a cash award to each graduating student.

Daniel Kops Prize Fund

Founded by the employees of the House of Kops in memory of Daniel Kops. The estate of Daniel Kops also contributed to this fund. Income to provide a prize to a student nurse for excellence in bedside nursing and kindness to patients.

Murry and Leonie Guggenheim Fund

Established in 1957 by Mrs. Murry Guggenheim. The income to be used for extraordinary improvements in the Nurses' Residence.

Berthold Levi Fund

Founded by Mrs. Berthold Levi in memory of Berthold Levi; income to be used for educational purposes.

Solomon and Betty Loeb Fund

Founded in 1902 by Solomon Loeb; income to be used for charitable or educational purposes.

Lillie Stern Scholle Pleasure Fund

Founded by Albert W. Scholle; income to be used largely to defray the expenses of parties, dances and other social gatherings of the students.

Emil Berolzheimer Memorial Fund

Founded by Mrs. Emil Berolzheimer in memory of her husband, Emil Berolzheimer; income to be used for higher education of nurses.

Eugene Meyer, Jr., Library Fund

Founded in 1905 by Eugene Meyer, Jr.; income to be used to supply books and magazines for the school library.

Kalman and Harriet F. Haas Fund

Founded in 1908 by Kalman Haas; income to be used for the general purposes of the school.

FOR GRADUATE NURSES

Murry Guggenheim Scholarship Fund

Established in 1905 by Murry Guggenheim to provide a graduate scholarship for the balance of the yearly income of the fund to a graduate nurse of the school applying for the same to assist the recipient in the completion of a degree program to be followed by such applicant. The award shall be made by the faculty of the school and the basis shall be evidence of eligibility for admission to a university, an existing need for special preparation for an essential field of work, proof that the individual is capable of this specified study and gives promise of competency in the position for which she is preparing.

The Catherine and Henry J. Gaisman Scholarship Fund

Established in 1956 by Catherine Gaisman and Henry J. Gaisman. (Mrs. Gaisman is the former Catherine Vance, Class of 1940.) The income to be used to provide a graduate scholarship for a qualified graduate nurse of the school applying for the same, to assist the recipient in the completion of a degree program to be followed by such applicant. The award shall be made annually by the faculty of the school, and the basis of the award shall be evidence of eligibility for admission to a university, an existing need for special preparation for an essential field of work, proof that the individual is capable of this specified study and that she gives promise of competency in the position for which she is preparing.

The Margaret Cameron Scholarship Fund

Established in 1956 by Colonel Mark M. Serrem in memory of his late wife, Margaret Cameron Serrem, Class of 1927. The income to be used to provide a graduate scholarship for a qualified graduate of the school applying for the same, to assist the recipient in commencing a course of study for a degree at a university. Priority shall be given to those applicants who intend to remain with the hospital staff or school faculty following completion of their course of study.

Mr. and Mrs. Sam S. Steiner Fund

Founded by Mr. and Mrs. Sam S. Steiner in memory of their beloved son, William J. H. Steiner; income to be used for the relief of needy graduates of the school.

Mr. and Mrs. Morris Fatman Relief Fund for Graduate Nurses

Founded by Mr. and Mrs. Morris Fatman; income to be used for the relief of graduate nurses.

Aid and Relief Fund

Founded anonymously by a Director of the School of Nursing; income to be used for the assistance of graduate and undergraduate nurses.

Charles A. Wimpfheimer Emergency Relief Fund

Established by Charles A. Wimpfheimer in order to give emergency relief or temporary assistance to graduates of the school and members of the Alumnae Association of The Mount Sinai Hospital School of Nursing.

The above information is given merely for applicant and student guidance. The school reserves the right to amend or change the prizes, awards and scholarships or eliminate or reduce any of them at any time, even though this occurs during the period the student is in the school.

Program of Studies

The program of studies covers a period of 33 months. Classes are admitted annually in September, and graduation is held annually in May. The Curriculum Plan is subject to change.

A Typical Curriculum Plan

12 WEEK QUARTERS	SUBJECT	TOTAL HOURS OF INSTRUCTION	HOURS OF CLINICAL LABORATORY EXPERIENCE
FIRST YEAR			
First Quarter	Fundamentals of Nursing	45	30
	Anatomy and Physiology	40	
	Nutrition	30	
	Professional Development	30	
	Psychology	30	
Second Quarter	Medical-Surgical Nursing I	70	45
	Anatomy and Physiology	40	
	Psychology	30	
	Microbiology	22	
	Communication Skills	30	
Third Quarter	Medical-Surgical Nursing I	70	90
	Anatomy anl Physiology	40	
	Microbiology	23	
	Sociology	22	
Fourth Quarter	Medical-Surgical Nursing I	70	135
	Anatomy and Physiology	40	
	Sociology	23	
			Vacation—6 Weeks
SECOND YEAR			
First & Second Quarters	Maternal & Child Health Nursing	165	600
Third Quarter	Psychiatric Nursing	90	300
Fourth Quarter	Medical-Surgical Nursing II	90	300
	Epidemiology	30	
			Vacation—5 weeks
THIRD YEAR			
First Quarter	Out-Patient and Emergency Nursing	90	300
Second Quarter	Nursing in Long Term Illness	45	90
	Leadership and Human Relations	30	150
	Professional Trends	30	
Third Quarter	Medical-Surgical Nursing III	90	300

Courses of Instruction

FUNDAMENTALS OF NURSING—This course introduces the student to the concept of nursing and its relationship to the other health disciplines. Emphasis is placed on the development of skills necessary to provide for the safety and comfort of the patient.

ANATOMY AND PHYSIOLOGY—This course is designed to give the student the basic concepts of anatomy, physiology and physiological chemistry so that she may understand the normal structure and function of the human body. The study of the body's reaction to environmental factors and the interdependence of the systems gives the student the basis for subsequent courses related to nursing.

MICROBIOLOGY—This course is designed to study the effect of micro-organisms upon the human body in health and disease. It gives the student the principles involved in disinfection, sterilization and chemotherapy. Modern concepts of immunology are included.

NUTRITION—This course is designed to give the student fundamental facts and principles of the science of nutrition. It includes the application of these facts and principles in meeting the ordinary needs of the student and other healthy individuals. It includes discussion of the effects of culture, religion and emotions on food habits and the application of this knowledge in planning meals.

EPIDEMIOLOGY—This course introduces the student to the science of epidemic diseases. Emphasis is placed on the importance of agent, host, environmental factors and prevention and control of diseases of public health importance. The place of epidemiology in the understanding of both infectious and non-infectious diseases is stressed.

COMMUNICATION SKILLS—Communication is a course that develops the skill of expressing and understanding. Emphasis is placed in the areas of need in reading, writing, speaking, listening and thinking.

PROFESSIONAL DEVELOPMENT—This course is designed to aid the beginning student in her development as a professional nurse. The care of the sick is traced from primitive time to the present, marking the influence of political, economic, social and religious conditions. It places emphasis on the ways in which she learns to adjust to the life of the nursing student and to introduce her to the characteristics and responsibilities in professional nursing. Personal grooming, etiquette and the social graces are also included.

PSYCHOLOGY—A basic course in psychology is offered which aims to give the student insight into human behavior through an understanding of the principles and dynamics of growth and development, personality adjustment and the principles of learning. Feelings, emotions and attitudes are discussed to assist the student in her relationships with others; especially with the patient and members of the health team.

SOCIOLOGY—This course is designed to acquaint the student with the basic social concepts and the effect of social forces in a modern society. Emphasis is placed on the family constellation. The causes of social disorganization, and the factors which influence social reorganization are presented. The role of the nurse in a complex society is identified. The function of the hospital as a social institution in meeting health needs of people is stressed.

MEDICAL—SURGICAL NURSING I—This course is designed to help the student in understanding the basic concepts involved in the care of an adult patient. The foci of study is the nursing care of patients with disorders of the respiratory, cardiovascular, gastrointestinal, endocrine, and integumentary systems. Principles of pharmacology and nutrition are integrated throughout the course. Opportunities are provided for the student to develop beginning skills in individualization of patient care, problem solving, interpersonal relationships and patient teaching.

MATERNAL AND CHILD HEALTH NURSING—Maternal and Child Health Nursing provides an experience for the student to gain and utilize knowledge in relation to the family constellation. Emphasis is placed upon the care of the mother throughout the maternity cycle, and upon the concepts of nursing essential to the care of children from infancy to adolescence.

PSYCHIATRIC NURSING—This course views the whole individual as being in constant interaction with his environment. The content directs the student towards becoming familiar with the psychiatric-mental health nursing concepts which may be applied to all areas of nursing. This experience is to assist the student to develop some skills in meeting the emotional needs of the mentally ill patient.

MEDICAL—SURGICAL NURSING II—This course is a continuation of Medical-Surgical Nursing I with emphasis on those factors involved in the nursing care of patients with the more common gynecologic, genito-urinary, eye, ear, nose and throat conditions. In the operating room and the recovery room experience, the course provides for further understanding of the nursing care of the surgical patients including the principles of aseptic techniques, the effects of anesthesia, positioning and operative procedure and the immediate post-operative management for these patients.

OUT-PATIENT AND EMERGENCY NURSING—This course is designed to equip the student with knowledge, skills and appreciations necessary in caring for the ambulatory patient living in the community. Opportunities are provided for student participation in meeting the diagnostic, therapeutic, rehabilitative, or emergency needs of out-patients. Emphasis is placed on preventive aspects of patient teaching along with the proper use of community and hospital resources in providing total patient care.

NURSING IN LONG TERM ILLNESS—The objectives of this course are to assist the student in the development of understanding, appreciation and skill in caring for the patient with long-term illness and the geriatric patient. It will give her an opportunity to work closely with other members of the health team in order to identify and apply the appropriate rehabilitative measures for these patients. She will become acquainted with teaching the family to care for the patient after discharge from the hospital, and to inform them of the community services that are available for the patient and his personal and family needs.

LEADERSHIP AND HUMAN RELATIONS—This course is planned concurrently with practice as a senior experience. It places special emphasis on the more complex responsibilities of nursing care at the staff nurse level. Experiences include the opportunity to observe and work with a staff nurse and to be responsible for the organization and management of the care of an individual and a group of patients. Throughout the course human relations and leadership principles are explored. The student develops the ability to function in the role of a staff nurse as she assumes responsibility for a selected group of patients and nursing personnel.

PROFESSIONAL TRENDS—This course considers opportunities, current problems and legislation relative to nursing. It stresses the professional relationships and responsibility of the graduate nurse and includes a survey of the contemporary field of nursing.

MEDICAL-SURGICAL NURSING III—Medical-Surgical Nursing III, is designed to assist the student to build upon the basic concepts of Medical-Surgical Nursing. Its emphasis is the individualization of patient care involved in the major health problem—cancer; dysfunction of the neuro-muscular and skeletal systems; and cardio-thoracic surgery. Opportunity is provided to perfect skills in problem solving, interpersonal relationships, communications and patient teaching. Special attention, for a two week period, is directed towards developing a sense of responsibility as a health teacher in relation to nutrition. In turn, these experiences will effect behavioral changes which result in the development of self-direction and leadership abilities.

Promotion Requirements

The student's progress is reviewed by the Curriculum Committee at the end of each quarter. The school reserves the privilege of retaining only those students who, in the judgment of the faculty, meet the requirements of scholarship, health, acceptable level of performance and personal suitability for nursing. The student is kept informed of her progress through individual conferences and reports. Every effort is made to provide the assistance and guidance which will help her to succeed in the school. Parents or guardians are informed of the student's progress periodically.

The student is required to achieve a grade of 75% (0.5) in each course.

The student must maintain an overall total average grade of 80% (1.0) to remain in the school.

If the student fails a final examination, she will be permitted one retake. Regardless of the high score achieved in the re-examination, the maximum retake grade will be recorded at 75%.

College Credit

Graduates of our school, who seek further education to obtain a baccalaureate degree, may be granted advanced standing in accordance with the admission policies of the particular college or university they want to attend.

Vacation

A vacation of six weeks is given in the first year; one week at Christmas, one week in the spring and four weeks in the summer. During the second year, five weeks vacation is scheduled in relation to the plan of the educational program.

Leave of Absence

Request for a leave of absence is made to the Associate Director of Nursing Education. In the event that a student is obliged to be away from the school for an extended length of time, the date of her return and her class standing will be determined by the faculty. One to three days leave of absence shall be granted upon serious illness or death of an immediate member of the family.

Withdrawal

A student who wishes to withdraw from the school for any reason shall make her desire known to the Associate Director of Nursing Education. A written resignation with an interview and assurance of parents' knowledge of the action is required.

Living Accommodations

The Murry and Leonie Guggenheim Hall, the school of nursing residence, was completely redecorated in 1956. The majority of rooms for students is for single occupancy. A limited number of double rooms is available to students after the first year in the school. All rooms are comfortably furnished. Each room has a built-in-wardrobe closet with a full length mirror, a sink, drapes, bedspread and rug to make it homelike and attractive. Each floor is equipped with a kitchenette for snacks and a comfortably furnished room for informal meetings. The hospital dining area is connected by an underground tunnel to Guggenheim Hall.

Attractive lounges and reception rooms on the first floor are provided for major social events and the entertainment of friends. An air-conditioned rumpus room is available and is equipped with a television set, hi-fi, piano, juke-box and ping-pong tables. Although the laundering of students' uniforms is cared for by the regular hospital facilities, a room is fitted with electric washers and dryers, irons and ironing boards for personal laundry.

All students are required to live in the nurses' residence unless they are married. Seniors, if they wish, may live out of the residence in their last six months. A written statement from parents or legal guardian must be submitted to the school, stating that they are aware of the students' plans to live outside the residence.

Guidance

It is the philosophy of the school of nursing through its educational program that good guidance means helping the student realize her maximum potential for professional and social development.

Each freshman student has a faculty advisor who meets regularly with her during the first year. The advisor refers students who need special assistance regarding finance, health, extracurricular activities and the like to members of the staff who are best qualified to be of assistance to them. Resource persons used in

the guidance program include the Director of Student Activities, members of the administrative staff, the Health Counselor, the school physician, psychiatrists, psychologists and religious advisors.

In addition, the student is scheduled for individual conferences with her instructors to evaluate her progress in the educational program, and to discuss her needs in relation to the course of study.

The Student Personnel Services Committee, composed of both students and faculty, works cooperatively to improve the policies and environment for student living.

Religion

The school is non-sectarian and has no formal connection with any particular denomination. The student is encouraged to attend the church or synagogue with which she has been previously affiliated. Notices of religious services of all denominations throughout the city are posted on the school bulletin board, and a Church Directory appears in the Student Handbook. Religious clubs, under the direction of a member of the clergy, are organized each year and student participation is encouraged.

Health Program

The school of nursing maintains a Student Health Service. The facilities assist the student in the promotion and maintenance of positive attitudes toward sound health practices. Emphasis is placed on preventive measures of illness.

The school physician is responsible for the students' health. A registered nurse functions as the Health Counselor, who is in charge of the Student Health Program. All of the medical and surgical resources of the hospital are available to the health service when needed. A complete physical examination is given each school year and prior to graduation.

The school provides free of charge Blue Cross hospitalization insurance. Illnesses are treated through the health services without cost to the students. Students may seek the services of a private physician at their own expense and a report of any treatment by a private physician must be submitted to the school physician. Students are expected to meet the expenses of periodic dental and eye care. Parental consent is necessary for operative procedures. Married students who become pregnant are required to obtain their own pre-natal and post-natal care.

If, in the opinion of the faculty, and in consultation with the school physician, the condition of a student's health makes it unwise for her to remain in the school, she may be required to withdraw either temporarily or permanently.

Student Activities

Extra curricular activities are guided by a full-time Director of Student Activities. Funds are available and used to provide a variety of recreational activities for the students.

All students of the school are members of the Student Association which functions with faculty advisors in all matters relating to social and professional conduct. The executive group of the Student Association is known as the Executive Council which consists of the officers of the organization, the class presidents, two representatives from the freshman class and committee chairman. Students are eligible for membership in the local, state and National Student Nurses Association.

The Student Activity Fee is used to pay for the dues for the students' professional activities. Students are given an opportunity to represent their school at local, area, state and national meetings. Any active student may be selected to represent the school at a convention, and all students are encouraged to be active in their

Student Nurse Association of New York State, Area #8.

Committees of the Student Association and the Director of Student Activities work together to provide interesting activities. The program includes parties, dances with students invited from colleges and universities, trips, swimming, ice skating, roller skating, tennis, volleyball, basketball, softball, bicycling, bowling and other sports. During the year, teams are organized for competitive sports. Students interested in singing may join the student glee club which has a professional music director. The school newspaper, "The Plaid Communique," published by the students, encourages all who are interested to contribute articles for publication.

The Director of Student Activities obtains tickets to give to the students for concerts, operas, ballets, movies and plays. Each student has numerous opportunities to attend, free of charge, the many social and cultural events offered in New York City.

The facilities for the sports program include a spacious well equipped gymnasium with adjoining sun roof. In addition, the students have access to Central Park which is located across the street. Tennis courts, lakes for rowing and fishing, bicycle paths, bridle paths, and hand ball and shuffleboard courts, softball fields and many other recreational facilities in the park are available to our students.

Within the residence an excellent library of fiction and biography includes both current and standard works and many magazines of general interest. A branch of the public library is located within a few blocks of the school.

Policy Regarding Marriage

I. ADMISSION OF MARRIED PERSONS

The following points may be used as guiding principles in evaluation of applicants, in addition to the usual criteria:

1. Applicants are expected to live at home unless there are exceptional circumstances.
   a. Students who live outside the residence must assume the same responsibilities as students living in the residence and they are expected to participate in school activities.
2. Satisfactory arrangements for the financial and/or other responsibilities of the student toward his or her family must be made.

II. PERMISSION FOR MARRIAGE

Request for permission to marry during enrollment in the school will be individually considered:

1. The student shall give the Associate Director of Nursing Education at least two months notice of intention to marry and of the date of marriage.
2. If the request is granted, the student must discuss her arrangements for living out of the nurses' residence with the Associate Director of Nursing Education.
3. The parents of the student shall send a written statement to the Associate Director of Nursing Education stating their knowledge of the forthcoming marriage.
4. Satisfactory arrangements for the financial and/or other responsibilities of the student toward his or her family must be made.
5. A student who wishes to marry at a time other than the scheduled vacation period, will be granted a maximum of two consecutive days off exclusive of the regular days off. This will be determined by the instructor in the area.

III. LEAVE FOR MARRIED WOMEN

Pregnancy leave for married women will be determined on an individual basis by the faculty:

1. The leave of absence will begin no later than the beginning of the sixth month of pregnancy.
2. Following delivery, the student will not be permitted to return earlier than the third post-partum month in order that the welfare of both mother and child be safeguarded.
3. The date at which the student will be readmitted will be determined by the curriculum pattern and rotation plan.

Graduation Policies

Graduation will be conferred by the awarding of the diploma, pin and cap to those students who have successfully completed all school requirements. Each candidate will be reviewed by the Curriculum Committee to determine eligibility for graduation.

A student who has not completed a course due to absence or failure will not participate in the public ceremony; she will receive the diploma, pin and cap

only when the required course (s) has been completed. However, she may have the privilege of participating in the graduation ceremony with the next class.

Names of candidates will be recommended to the State Board of Nursing by the school when requirements of the school have been fulfilled.

State Registration

Graduates of the school are eligible to take the examinations for licensure administered by the Board of Examiners of the New York State Education Department and are urged to take the first examination given after completion of the course. Satisfactory completion of this examination qualifies the graduate to practice nursing in the State of New York. Having become registered in New York State, it is possible to apply for registration without examination in other states.

The Alumnae Association

The association was organized in 1893. The objectives are: to promote fellowship among its members, to improve the professional work of the graduates and to care for its members when ill. The members of each graduating class are urged to join the Alumnae Association of the School of Nursing upon completion of their course.

Meetings are held regularly during the year, in Guggenheim Hall and are followed by a social hour. A bulletin is published by the association containing a report of each meeting, news items of interest to the graduates, trends in nursing and special medical and surgical articles. The association maintains an estate on Long Island Sound as a summer vacation home and recreational center. The privilege of using the facilities of this estate, which was bequeathed by the wife of a former trustee of the Mount Sinai Hospital, is extended to the students of the school of nursing.

In 1958, the Alumnae Association donated an annual scholarship award to a member of the graduation class in memory of Magdalene M. Klingenstein.

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BURTON L. NACKENSON, M.D.
School Psychiatrist

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